### PART I: FOUNDATION

#### **BETHANY HOUSE**

Bethany House is a missionary community of women seeking to bring the healing, hope, and joy of Jesus to our mission field through prayer, community life, and service. In imitation of Mary of Bethany, who sat at the feet of Jesus and poured out her life in imitation of His Eucharistic heart, the women of Bethany place themselves before Jesus loving gaze to be transformed into His image "from glory to glory" by the Holy Spirit, equipt with His Power and Peace, and sent in with missionary zeal and joy into our spheres of influence.

# SPIRITUALITY: EUCHARISTIC, MARIAN, CHARISMATIC <sup>2</sup>

Modeled after the home of Mary, Martha, and Lazarus and desiring to partner with the Holy Spirit's work of Healing, Hope, and Joy in our diocese, the life of Bethany House stands on the pillars of Poverty, Presence, and Praise. Poverty is complete honesty and vulnerable before Love; it is a sharing in Jesus' Eucharistic Humility, Mary's "ecce ancilla domini" and a total openness to the overshadowing power of the Holy Spirit. Presence is the discipline of wonder and the way to intimacy, imitating Jesus' Eucharistic Presence, Mary's "fiat" and an unwavering attentiveness and responsiveness to the Holy Spirit who leads the dance



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of life.<sup>4</sup> Praise is the heart of the Bride totally given in Love, imitating Jesus' Eucharisic thanksgiving to the Father, Mary's "magnificat," and a joyful welcoming of the Spirit of God who is poured out upon us. In a word, the spiritual character of Bethany is purity of heart—the unreserved openness of our entire being to Love. This openness is not left unanswered; in His tenderness and love, God draws near and makes His home in our hearts. The central charism of Bethany is that of a monstrance: to carry the presence of God, hidden yet revealed, to the world. Like the Host broken in two, like the alabaster jar broken open and the lily broken into bloom, like the dawn from on high that breaks through the darkest of nights, we are broken open into the fullness of Love, that the fragrance of Love might fill the world.

#### BETHANY AS A MISSION: DISCERNMENT AND FORMATION

Bethany is a home for young women to come restfully and expectantly before Jesus, intentionally seeking His heart, His dreams, and His call for their life. It is a space of simplicity, security, and interior silence that expands the horizons of life and where Jesus may illuminate the "next step" for each woman. Through a shared community life, formation weekends, and personal discipleship, each woman is accompanied as she grows humanly, pastorally, intellectually, spiritually, and in mission "to the measure of the full stature of Christ".

#### BETHANY AS MISSIONARY: ANOINTED BEARERS OF JESUS' PRESENCE

The Mission of Bethany is the mission of Jesus: to bind up the brokenhearted, proclaim freedom to captives, and joy to the sorrowful. Living in the gaze of our Father, we are transformed "from glory to glory" into the image of Jesus and bring His real presence and love to each person we encounter. We walk in the power and anointing of the Spirit of Jesus and demonstrate His love through healing, prophetic words, and miracles. The first place the mission happens is within the sisterhood of Bethany, then in each woman's sphere of influence, particularly in the context of work, school, and the mission field. As a community modeled after the Church in Acts, we are continually in dialogue with the Spirit, allowing Him to reveal new targets and strategies for mission both individually and as a community.

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#### STRUCTURE: TWO HOUSES, ONE COMMUNITY

Partnering with the Holy Spirit's movement toward intentional discipleship within the Bethany community, Bethany is structured as two houses: a House of Formation for post-high school women in relationship with Jesus seeking and open to deeper formation, discipleship, and equipping for mission and a House of Mission for women who have a mature spirituality, are actively walking in their anointing and seeking Jesus heart for their lives, and are called to accompany the women in the House of Formation. The relationship between these two houses is that of Paul and Timothy; united on mission, sharing a common way of life, and cultivating the mutual gift of discipleship. The Bethany community prays together, shares meals together, and moves on mission together while living in separate homes.

## COMMUNITY LIFE: A SCHOOL OF LOVE AND MISSION 12

And they devoted themselves to the apostles' teaching and following, to the breaking of bread and the prayers. And fear came upon every soul; and many wonders and signs were done through the apostles. And all who believed were together and had all things in common; and they sold their possessions and goods and distributed them to all, as any had need. And day by day, attending the temple together and breaking bread in their homes, they partook of food with glad and generous hearts, praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved. 13

Acts 2: 42-47

As a household, Bethany strives to imitate the communal life described in Acts 2: 42-47 by living a ministry of presence in the context of our mission field, pursuing human, pastoral, intellectual, and spiritual formation, growing in risk-taking with the Holy Spirit, cultivating a disposition of gratitude, celebration, and wonder at each other, cultivating a restful and welcoming home and heart, and focusing unwaveringly on mission. The women of Bethany have been given by Jesus to each other as sisters on a journey toward heaven, a mission to bring heaven to earth. Bethany fails if its members live only as roommates; it is assured victory if they choose to love and lean into friendship and sisterhood with each other through conflict and difficulty by spending time with each other, asking questions, affirming, receiving, challenging, forgiving, and serving each other.

<sup>&</sup>lt;sup>1</sup> 2 Cor 3:12

<sup>&</sup>lt;sup>2</sup> Bethany House Covenant: Pillars

<sup>&</sup>lt;sup>3</sup> Luke 1: 38

<sup>&</sup>lt;sup>4</sup> Luke 1: 38

<sup>&</sup>lt;sup>5</sup> Luke 1: 46

<sup>6 2</sup> Cor 4:7, John 14:23

<sup>&</sup>lt;sup>7</sup> Eph 4:13

<sup>&</sup>lt;sup>8</sup> Isa 61:1

<sup>&</sup>lt;sup>9</sup> 2 Cor 3:18

<sup>&</sup>lt;sup>10</sup> Mk 16:17-19

<sup>&</sup>lt;sup>11</sup> Acts 4:29-31

<sup>&</sup>lt;sup>12</sup> Bethany House Covenant: Community Life

<sup>13</sup> Acts 2:42-47